

Region V Systems

Program / Service Specifications

PSS # 213: Intensive Outpatient - Adult - Urban - Substance Abuse

Revised February 14, 2002

Funding Available	Capacity to be Purchased	Geographic Location
\$17,028	720 units	Lincoln/Lancaster County
System Measures	<ul style="list-style-type: none"> Decrease the number of days consumers are in inappropriate levels of care. Increase the service capacity available to special populations including in the criminal justice system and persons with DD and mental illness. 	
Performance Measures	<ul style="list-style-type: none"> Average length of stay. Percent of consumers who successfully complete treatment. Percent of consumers whose level of functioning improves. Recidivism rate. Percent of consumers whose quality of life improves as per consumer report. 	
¹ Region V Payment Method		² Admission Protocol
FFS		Authorized

Reimbursement Rate	Unit	Avg. Length of Stay	Staff:Client Ratio
\$23.65/unit	1 staff hour	9-12 months	n/a

General Summary:

Intensive Outpatient programming (IOP) provides group-focused, non-residential services for substance-abusing / dependent individuals who require a more structured treatment environment than that provided by outpatient counseling but who do not require a residential program. Activities of this program must focus on aiding clients to recognize their substance abuse problems and to develop knowledge and skills for making lifestyle changes necessary to maintain a life free from substances. It is a non-residential, facility-based, multi-service program centered on group counseling services designed to stabilize and treat persons with moderate to severe substance abuse / dependence. Other services may include: 24-hour crisis management, individual counseling, education about alcohol, tobacco, and other drugs (ATOD) issues, family education and counseling, self-help groups, and support group orientation.

Target Population:

Females with an unstable substance abuse/dependence problem with a moderate to severe symptomatology (GAF 20-60), moderate risk of relapse, low to moderate risk of harm to self and/or others, a need for moderate professional structure, one or more limitations in functional areas (vocational, social, ADL) who requires weekly service plan adjustments. Females who are court-ordered to attend intensive outpatient therapy, as a condition of their Lancaster County Drug Court treatment, may be served under this PSS; however, serving this population is not a requirement.

Services and/or Frequency of Service / Therapeutic Contact:

The program will include 10 to 15 hours per week of structured activities at a minimum of three to five times per week of individual, group, and family counseling for each client.

Staffing Requirements:

Program must have a minimum of 50 percent CADAC-certified staff providing direct substance abuse/dependence counseling. All other staff must be provisional CADAC.

Note:

Program Narrative section of proposals must include reference to all material contained in this Program/Service Specification. Special emphasis shall be placed on applicant's plan to address the noted *System Measures* (indicates data to be provided to Region V to ensure State standards and priorities are met), *Performance Measures* (indicates data which specifically relates to consumer outcomes and which will identify whether the service is performing to the level expected), and *Special Considerations* (indicates the additional requirements for this service).

¹ **Region V Payment Method:**

NFFS and FFS refers to payment made on an expense reimbursement/unit of service basis as outlined in Section VIII of the RFP.

² **Admission Protocol:**

In order for an individual's treatment to be reimbursed by the Region, the applicant must register the consumer with the System Management Agent (as outlined in Section 4.I. of Region V's Network Provider Contract). Services which require authorization by the System Management Agent in order to obtain reimbursement must obtain the authorization prior to admission. Services which do not require authorization must register consumers with the System Management Agent weekly.

