

Region V Systems

Program / Service Specifications

PSS # 207: Short-Term Residential - Adult - Region V - Substance Abuse

Released December 3, 2001

Funding Available	Capacity to be Purchased	Geographic Location
\$235,425	1,460 units	Region V
System Measures	<ul style="list-style-type: none"> <li>• Decrease post-commitment days in the Region.</li> <li>• Decrease the number of days consumers are in inappropriate levels of care.</li> <li>• Decrease the number of commitments to Regional Centers for substance abuse.</li> </ul>	
Performance Measure	<ul style="list-style-type: none"> <li>• Percent of consumers who successfully complete treatment.</li> <li>• Recidivism rates.</li> <li>• Percent of consumers who are admitted to a crisis bed following discharge from short-term residential.</li> <li>• Percent of consumers whose level of functioning improves.</li> <li>• Percent of persons who move to a higher level of care.</li> <li>• Percent of consumers whose quality of life improved as per consumer report.</li> </ul>	
<sup>1</sup> Region V Payment Method		<sup>2</sup> Admission Protocol
FFS		Authorized

Reimbursement Rate	Unit	Avg. Length of Stay	Staff:Client Ratio
\$161.25 / unit	1 bed day	15-30 days	1:4 (waking hours) 1:8 (sleeping hours)

General Summary:

Short-Term Residential programs provide 24-hour, comprehensive services for substance-abusing individuals who require a more restrictive treatment environment to prevent the use of abused substances. Activities of this program must provide a daily structure to prevent access to abused substances and must focus on developing knowledge and skills for making lifestyle changes necessary to achieve a life free from substance abuse. Short-Term Residential services must be integrated into the continuum of an individual's care to allow consumers to move from residential to a less-restrictive service based on consumer need.

Special Considerations:

The applicant must give priority admission to individuals committed by the Mental Health Board or discharged from the Regional Center.

Target Population:

Males with moderate to severe symptomatology (GAF 20-60), at least two functional limitations, high risk of harm to self and/or others, moderate to high risk of relapse, and a moderate to high need for external professional structure, who may require weekly service plan adjustments.

Services and/or Frequency of Service / Therapeutic Contact:

Consumers entering the program will have a comprehensive substance abuse assessment. A screening of mental health needs, which may include referral for psychological testing, will be conducted as needed. The Short-Term Residential program has the capacity to provide a complete medical exam.

Staffing Requirements:

The program is staffed on a 24-hour basis and has access to on-call medical personnel. All substance abuse counseling services must be provided by a Certified Alcohol/Drug Abuse Counselor (CADAC). Consultation by professionals licensed/certified by the Department of Health & Human Services Regulation and Licensure on general medical, psychopharmacology, and mental health and psychological issues, as well as overall program design issues, shall be available.

Note:

*Program Narrative* section of proposals must include reference to all material contained in this Program/Service Specification. Special emphasis shall be placed on applicant's plan to address the noted *System Measures* (indicates data to be provided to Region V to ensure State standards and priorities are met), *Performance Measures* (indicates data which specifically relates to consumer outcomes and which will identify whether the service is performing to the level expected), and *Special Considerations* (indicates the additional requirements for this service).

<sup>1</sup> Region V Payment Method:

NFFS and FFS refers to payment made on an expense reimbursement/unit of service basis as outlined in Section VIII of the RFP.

<sup>2</sup> Admission Protocol:

In order for an individual's treatment to be reimbursed by the Region, the applicant must register the consumer with the System Management Agent (as outlined in Section 4.I. of Region V's Network Provider Contract). Services which require authorization by the System Management Agent in order to obtain reimbursement must obtain the authorization prior to admission. Services which do not require authorization must register consumers with the System Management Agent weekly.