

Region V Systems

Program / Service Specifications

PSS # 115

Intensive Outpatient - Children's - Substance Abuse

Funding Available	Capacity to be Purchased	Geographic Location
\$10,000	417 units	Lincoln/Lancaster County
Contractual Expectations/ Performance Measures:	C Decrease the number of days consumers are in inappropriate levels of care. C Increase the service capacity available to special populations including in the criminal justice system, and persons with DD and mental illness.	

Reimbursement Rate	Unit	Avg. Length of Stay	Staff:Client Ratio
\$24/hour	1 staff hour	9-12 months	n/a

General Summary:

Intensive Outpatient programming (IOP) provides group-focused, non-residential services for substance abusing / dependent individuals who require a more structured treatment environment than that provided by outpatient counseling, but who do not require a residential program. Activities of this program must focus on aiding clients to recognize their substance abuse problems and to develop knowledge and skills for making lifestyle changes necessary to maintain a life free from substances. It is a non-residential, facility based, multi-service program centered on group counseling services designed to stabilize and treat persons with moderate to severe substance abuse/ dependence. Other services may include: 24-hour crisis management, individual counseling, education about alcohol, tobacco, and other drugs (ATOD) issues, family education and counseling, self-help groups and support group orientation.

This IOP program shall work in conjunction with the Lancaster County Juvenile Drug Court (JDC), a court-supervised, comprehensive treatment program for non-violent offenders and their families. Participants have regular court appearances before the designated JDC judge, treatment that will include drug testing, regular attendance at drug and/or alcohol support meetings (AA/NA), and IOP treatment. Representatives from many agencies are included in the treatment team, including State Juvenile Probation, the County Attorney's office, the Public Defender's office, school liaison, Lincoln Police Department, Lancaster County Sheriff's Department, and many other treatment and community-based groups.

Treatment is based on treatment phases outlined by the Lancaster County Juvenile Drug Court. The length of time spent in each phase shall be determined by the team, which includes the treatment provider, and the judge will make decisions based on the consumer's participation and progress.

Special Considerations:

Applicant must identify how it will be able to work closely with the Separate Juvenile Court and other justice system agencies.

Target Population:

Juveniles who are court-ordered to attend as a condition of their release through the Separate Juvenile Court of Lancaster County and supervised by the District #20 Juvenile Probation Office.

Services and/or Frequency of Service / Therapeutic Contact:

Treatment will be provided utilizing a team approach with the combined resources of the JDC staff and the assigned drug treatment staff. The treatment team will assess what level of treatment will best meet the needs of each individual youth. Treatment will be on an intensive outpatient basis. An individualized treatment plan will be developed which will include the following components:

- C an overall assessment of a participant's strengths and needs
- C the development of a treatment plan to act as a guide for the initial treatment phase, and will include goals, ways for meeting those goals, and target dates for achieving those goals.
- C discharge planning which begins at the point of admission and is reviewed weekly through ongoing assessment of recovery, environment, and individually identified needs.
- C Frequency and specific form of substance abuse counseling, i.e. individual, family, and group.
- C Attendance at support meetings, if deemed appropriate by the treatment counselor in consultation with the treatment team.

Staffing Requirements:

Staff must meet the requirements of applicable licensing and certification entities consistent with their scope of practice.